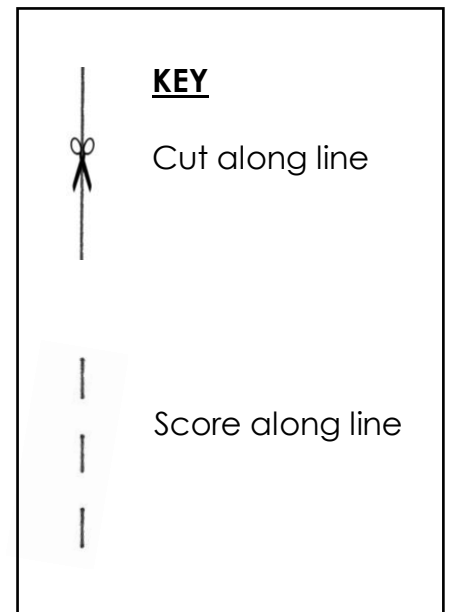
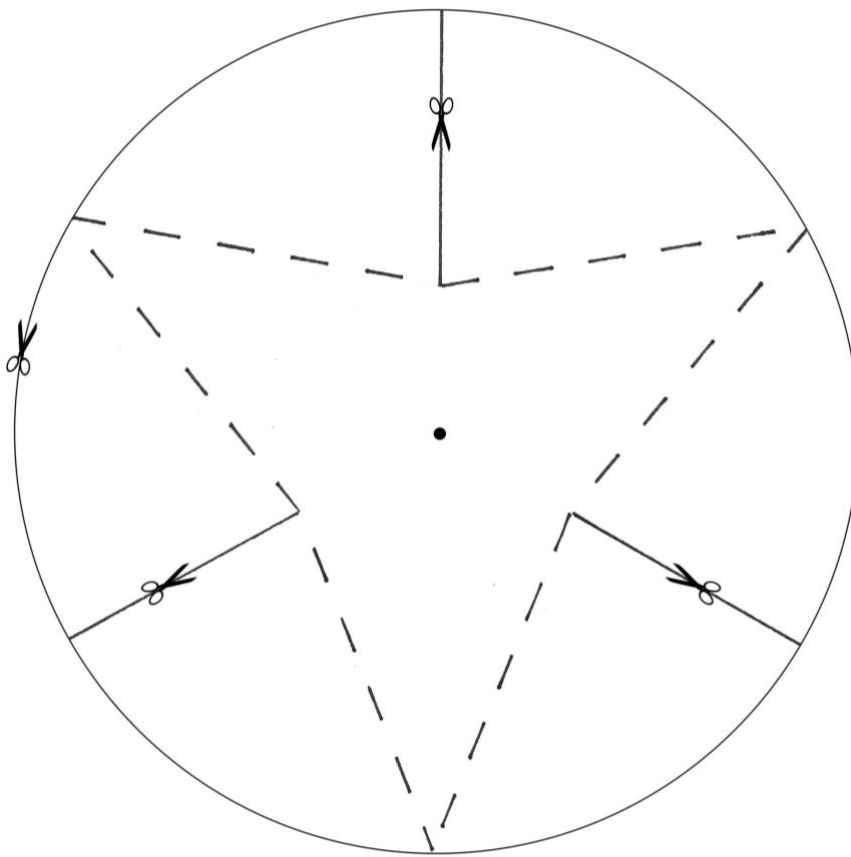


Print the below template and stick to a piece of card. Then cut where indicated.



For full directions, watch the video on YouTube: <https://youtu.be/v2bYpjMDFVo>